

## **Pre & Post Care**

### **Semi Permanent Make Up is not suitable for clients who:**

- Pregnant or nursing
- Diabetic
- Undergoing Chemotherapy (consult your doctor)
- Viral Infections (disease)
- Had Botox within a 2 week period before appointment
- Epilepsy
- Sick with cold or flu
- Sun Burned Skin
- Used Accutane in the last 6 months

### **Before your Eyebrow Appointment**

- No Waxing at least 2 days before Appointment
- Cosmetic Botox or Fillers should be done 2 weeks prior and 2 weeks after
- Do Not consume alcohol or take any blood thinners 24 hours before appointment
- Do Not consume coffee 24 hours before appointment
- You may come in to the appointment with your eyebrows drawn on if you have a specific shape you prefer
- You may experience hypersensitivity around or during your menstrual cycle

### **Eyebrow After Care**

- Do Not get the brows wet for 48 hours after appointment
- During the whole healing period (7-10 days) keep the showers quick, we do not want too wet or saturated brows
- Apply the ointment provided after day 4 or 5, once scabs have formed and they feel tight, apply a very small amount the last few days to keep the scabs from flaking off too soon
- Oily skin types may be told to avoid the ointment all together (dry heal is better)
- After healed, pigment may take 1-2 weeks for pigment to resurface
- DO NOT: (while healing)
  - suntan
  - pick at the scabs
  - wax
  - swim
  - sweat
  - use make up on brows

### **Touch Ups**

- Should be booked after 4 weeks, and no later than 3 months
- Expect up to 50% pigment loss between these 2 appointments (results vary)
- Some clients skin may have a harder time retaining pigment and may require additional sessions

### **Lip Blush Semi Permanent Make Up**

- Please do not come with chapped or dry lips, exfoliate lips and keep them hydrated
- Cold sores are a risk of lip blush tattoos, if you have had a previous cold sore, it is imperative that you take an anti-viral medication prior to procedure to help avoid an outbreak
- Expect Lips will be swollen after procedure, you can ice them, or take Arnica pills to help with swelling
- Keep lips hydrated as much as possible during the healing, and even for a week after
- Minor dryness and scabbing along the lip line could be expected
- Results vary based on each client, a touch up is sometimes needed
- Cosmetic Botox or Fillers should be done 2 weeks prior and 2 weeks after
- Do Not consume alcohol or take any blood thinners 24 hours before appointment
- Do Not consume coffee 24 hours before appointment
- DO NOT:
  - suntan
  - pick at the scabs
  - wax
  - swim
  - sweat

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### **Eyeliner/Eyelash Enhancement Semi Permanent Make Up**

- No eyelash extensions or contact lenses on during the procedure
- Please do not use eye make up for at least 5 days after procedure to avoid any risk of infection
- Do not pick at scabs, pat dry
- Please allow eyes to dry heal, if it becomes itchy you can apply small amount of ointment
- Avoid eyelash tinting and extensions until completely healed
- Do Not consume alcohol or take any blood thinners 24 hours before appointment
- Do Not consume coffee 24 hours before appointment

### **Beauty Glow Treatment**

- Please come to the appointment with a fresh clean face
- Do not wash your face for 8-12 hours after treatment
- Stay out of sun or use SPF as much as possible to get the best results and longevity of treatment
- 1-3 sessions may be required depending on desired results
- Results can last up to 8-12 months depending on each individual, skin tone, lifestyle etc
- Beauty Glow Tinted Serum is made with Avocado Extract, Vitamin E oil, and Aloe Vera and 26 Medical Grade Ingredients
- Cosmetic Botox or Fillers should be done 2 weeks prior and 2 weeks after
- Do Not consume alcohol or take any blood thinners 24 hours before appointment
- Do Not consume coffee 24 hours before appointment

### **Needless Derma Fillers**

- Expect Lips will be swollen after procedure, you can ice them, or take Arnica pills to help with swelling
- Results are immediate
- Swelling and slight bruising is expected, and may take 24-48 hours to reduce
- Filler may take up to 4-7 days to take its natural shape
- Keep lips hydrated as much as possible during the healing, and even for a week after
- Cold sores are a risk of any lip treatment, if you have had a previous cold sore, it is imperative that you take an anti-viral medication prior to procedure to help avoid an outbreak
- If you have previous Lip Fillers, please have them dissolved or removed as adding 100% Hyaluronic Acid to “other fillers” may cause small bumps inside the lip area
- Do Not consume alcohol or take any blood thinners 24 hours before appointment
- Do Not consume coffee 24 hours before appointment